

OOPS General Member Checklist 2020

Trip Planning / Launch Site

1. Paddle destinations in Phase I+ areas only.
2. Level I & II paddles only until Oregon moves to Phase III.
3. Please do not register for or attend paddle(s) if you have been sick, or exposed to someone who has been sick within 14 days. This applies to any type of illness: flu, cold, etc.
4. Round trips only, no shuttles. Also, avoid car pooling.
5. Pod size limited to 6 paddlers
6. 1 pod per launch site at a time
7. It's OK to help people carry boats, but we recommend face masks and hand sanitizer before and after.
8. Please be aware of and responsible for social distancing both on and off the water.
9. If any planned venue is more crowded than expected and the TO decides it is not safe for the group, the TO may move or cancel the trip (so don't take your boats off your car until the TO indicates to do so).
10. Please continue to support and help each other best we can.

Registering for an OOPS day trip and paddling protocols

1. Please print and sign the OOPS individual release form, then take a picture of it and return it to the TO via email (CC yourself). The form is available at:
 - a. <https://www.oopskayak.org/resources/Documents/Individual%20Waiver070817.pdf>
2. Bring Your Own Personal Hygiene & PPE:
 - a. Face masks, hand sanitizer, Toiletries, zip lock bag for mask, etc.
 - b. Restrooms may or may not be open. If you must use a public restroom, be sure to use your own toiletries and sanitizer.
3. Do not share food and beverages during the trip(s) unless in an emergency
4. At put-in, a face mask is required. Sanitize your hands before and after providing assistance.
5. Face masks are optional while on the water.
 - a. If worn, we recommend a medical mask, neck gaiter (preferably w/ pm2.5 filter), cotton mask, bandana, etc.
6. Rescues:
 - a. Discontinue all practice rescues until Oregon's full opening.
 - b. In the event of a capsized, attempt a self-rescue if possible.
 - c. If you do need assistance, follow instructions from rescuer and try to enter your boat so that cockpits are offset. Try to maintain some physical / social distance.
 - d. Swimmers are encouraged to face away from the rescuer while breathing, and not to wear a mask unless comfortable doing so.
 - e. After rescue, consider washing off the rescued area with splashing, bilge, etc.
 - i. Tip: store mask in zip lock in PFD.
7. During lunch and breaks, maintain proper distancing.
 - a. Wear masks when not eating.
8. Please be aware of physical distancing both on and off the water.